

Overexcitabilities Quiz

	True	False
Group 1 <i>Psychomotor</i>		
• You have lots of energy		
• You love movement		
• You love fast games		
• You talk a lot		
• You can't sit still		
• You bite your nails		
Group 2 <i>Senses</i>		
• You love to touch things		
• You love food		
• You love music		
• You love sunsets		
• You love shopping		
• You hate labels in your clothes		
Group 3 <i>Imagination</i>		
• You can picture things vividly		
• You have a great sense of humor		
• You like to invent things		
• You love fantasy		
• You worry a lot		
• You like to stretch the truth		
Group 4 <i>Intellectual</i>		
• You are very curious		
• You love to read		
• You love learning		
• You want everything to be fair		
• You can concentrate for long periods		
• You always want to be right		
Group 5 <i>Emotional</i>		
• You care a lot about other people		
• You love animals		
• You are very sensitive		
• You try to be and do your best		
• You are easily frustrated		
• You are shy and nervous sometimes		

Adapted from The Kids' Guide to Overexcitabilities by Linda Kreger Silverman