

## Executive Functions Children's Book List

### **Planning/Problem Solving/Decision Making**

Annie's Plan

The Book of Bad Ideas

Use Your head, Dear

Jeanne Kraus

Laura Huliska-Beith

Aliki

### **Attention/Focus/Distractions**

Big Anthony

Bunny Business

Lilly's Purple Plastic Purse

Read to Tiger

Superflex Takes on Brain Eater

This Morning Sam Went to Mars

Tomie dePaola

Nancy Poydar

Kevin Henkes

S.J. Fore

Stephanie Madrigal/Michelle Garcia Winner

Nancy Carlson

### **Working Memory**

Mr. Forgetful

Roger Hargreaves

### **Organization/Time**

Get Organized Without Losing It

Henry! You're Late Again!

The PROcrastinator

It Was Just Right Here!

Janet S. Fox

Mary Evanson Bleckwehl

Julia Cook

Bryan Smith

### **Self Regulation/Flexible Thinking**

A Handful of Quiet: Happiness in Four Pebbles

The Busy Beaver

Decibella and her 6-Inch Voice

Hands Are Not for Hitting

Hands Off, Harry!

I Just Don't Like the Sound of No!

Interrupting Chicken

It's Hard to be A Verb

It's Hard to be Five

Mindful Monkey, Happy Panda

Moody Cow Meditates

Mrs. Gorski, I think I have the Wiggle Fidgets

My Day Is Ruined!

No Ordinary Apple: A Story about Eating Mindfully

Of Course It's a Big Deal

Peaceful Piggy Meditation

Personal Space Camp

Silence

Squirmy Wormy: How I Learned to Help Myself

Tails Are Not for Pulling

Think Before You Act

Tiger-Tiger, is it True?

What Were You Thinking?:

Learning to Control Your Impulses

Whole Body Listening Larry at School

Wiggle

Words Are Not for Hurting

The Worst Day of My Life Ever!

Your Fantastic Elastic Brain

Thich Nhat Hanh

Nicholas Oldland

Julia Cook

Martine Agassi

Rosemary Wells

Julia Cook

David Ezra Stein

Julia Cook

Jamie Lee Curtis/Laura Cornell

Laurne Alderfer

Kerry Lee MacLean

Barbara Esham

Bryan Smith

Sara Marlowe

Bryan Smith

Kerry Lee MacLean

Julia Cook

Lemniscates

Lynda Farrington Wilson

Elizabeth Verdick

Regina G. Burch

Byron Katie and Hans Wilhelm

Bryan Smith

Elizabeth Sautter/Kristen Wilson

Doreen Cronin

Elizabeth Verdick

Julia Cook

JoAnn Deak

## **Executive Function Resources for Parents and Adults who Work with Children**

10 Mindful Minutes

ADHD ArtGuides

Coaching Students with Executive Skills Deficits

Executive Function in the Classroom

Executive Functions Training/Elementary

Late, Lost, and Unprepared

Learning Outside the Lines

The Mind Up Curriculum

The Organized Student

Self-Reg: How to Help Your Child (and You) Break the

Stress Cycle and Successfully Engage with Life

Smart but Scattered

Sitting Still Like a Frog: Mindfulness Exercises for Kids

Teaching teens with ADD, ADHD, and EF Deficits

The Zones of Regulation

Goldie Hawn

Tracey Bromley Goodwin/Holly Oberacker

Peg Dawson/Richard Guare

Christopher Kaufman

Gottschall/Rozendaal

Cooper-Kahn/Dietzel

Jonathan Mooney/David Cole

Scholastic/The Hawn Foundation

David Goldberg

Stuart Shanker

Peg Dawson/Richard Guare

Eline Snel

Christ Zeigler Dendy

Leah M. Kuypers